



Report of Guest Lecture by Dr. Dhananjay Patel Sir on Stress and Stress Induced Psychosomatic Disorders

Venue: CC Hall, Gardi Vidyapith Campus

Date: 28th February 2025

Time: 9:30 am to 11 am

Year: All Professional students

No. of Students: 120 (approx)

No. of Faculties: 22

Name of Organizing Department Faculty: Dr Devangi Oza, HOD , Department of Kayachikitsa

Dr Khyati Sud, Professor, Department of Kayachikitsa

Dr Rushabh Vora, Assistant Professor, Department of Kayachikitsa

Expert: Dr. Dhananjay Patel Sir, MD (Ayu), PhD. (Reader, Department of Kayachikitsa, ITRA, Jamnagar)

Topic: Stress and Stress Induced Psychosomatic Disorders

Report Summary:+

A Guest lecture was organised by Shri V. M. Mehta institute of Ayurved on 28th February 2025 on the topic “Stress and Stress Induced Psychosomatic Disorders” at CC Hall. Dr. Dhananjay Patel Sir, MD (Ayu), PhD. (Reader, Department of Kayachikitsa, ITRA, Jamnagar) was invited to share his profound knowledge to students of Shri V M Mehta Institute of Ayurved. It was inaugurated by Dhanvantari Vandana in the presence of our Principal Dr. Ravikant Goyal Sir and other academic staff. The purpose of this lecture was to learn Ayurvedic psychiatric practice from the expert. Guest Speaker Dhananjay Sir well explained modern and Ayurvedic aspects of stress, various psychosomatic lifestyle disorders like, diabetes, hypertension, Unmaada, Apasmar with its Ayurvedic management principles. Around 120 students of Shri

V M Mehta Institute of Ayurved attended this expert session and learned Ayurvedic psychiatric practices. The programme was concluded with vote of thanks by Dr. Rushabh Vora.



**SHRI V. M. MEHTA
INSTITUTE OF AYURVED**
Managed by : Smt. T.V. Mehta Charitable Foundation



**GARDI
VIDYAPITH**
Smt. T. V. Mehta Charitable Foundation

Expert Session

**Stress and
Stress-induced
Psychosomatic
Disorders**

SPEAKER



Vd. Dhananjay V. Patel
M. D.(Ayu.), Ph.D., C.Y.Ed. Reader, of Kayachikitsa,
ITRA, Jamnagar.

DATE
28th February, 2025
Friday

TIME
09:30 am to 11:00 am

**Auditorium C Building,
Gardi Vidyapith Campus.**

www.gardividyapith.ac.in

GARDI VIDYAPITH

70467 84191

Engineering • MBA • MCA • Ayurved • Homoeopathy • Nursing



